

Class Descriptions

Ballet: Ballet is the foundation of many dance styles, emphasizing grace, control, and proper technique. It helps develop strong posture, flexibility, and discipline through structured movements and positions. It is a style of dance that has strict technique, barre exercises, and is fluid in motion. This class is available for ages 2 and up. This class has an optional performance at our end of the year Showcase in May.

Tap: Tap focuses on rhythm, timing, and sound, using metal plates on the shoes to create percussive footwork. It builds coordination, musicality, and precise movement. This class is available for ages 2 and up. This class has an optional performance at our end of the year Showcase in May.

Jazz: Jazz is an energetic and expressive style that combines technique with style. It includes kicks, leaps, and turns, often set to upbeat music, and emphasizes performance and strength. This class is available for ages 5 and up. This class has an optional performance at our end of the year Showcase in May.

Hip Hop: Hip Hop is a high-energy, street-style dance that emphasizes rhythm, freestyle movement, and individuality. It's dynamic, fun, and often performed to popular music. It includes jazz, pop-and lock, and isolated movements. This class is available for ages 5 and up. This class has an optional performance at our end of the year Showcase in May.

Contemporary: Contemporary blends elements of ballet, jazz, and modern dance, focusing on fluid movement, emotion, and storytelling. It encourages creative expression and versatility in movement. This class is available for ages 8 and up. This class has an optional performance at our end of the year Showcase in May.

Ballet Technique: Ballet Technique is a specialized training class that develops the strength, flexibility, balance, and technical foundation essential for ballet. Students focus on proper body alignment, turnout, placement, coordination, artistry, and classical ballet vocabulary while building the control, precision, and discipline needed to excel in ballet and enhance performance in all dance styles. This class is available for ages 12 and up.

Jazz Technique: Jazz Technique focuses on building the fundamental skills required for strong, versatile jazz dancers. Students develop proper body alignment, flexibility, turns, leaps, kicks, coordination, musicality, and performance quality while improving strength, control, and precision. This class provides essential technical training that supports success in jazz and many other dance styles. This class is available for ages 12 and up.

Turns & Leaps: This technique-driven class focuses on improving students' execution of turns, leaps, jumps, and other dynamic movements used in jazz, contemporary, and lyrical dance. Emphasis is placed on strength, control, and precision, helping dancers build power and skill. This class is available for ages 12 and up.

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Choir: Choir class focuses on developing strong group vocal skills, harmony, and ensemble singing. Students will learn proper vocal technique, breath control, pitch accuracy, and rhythm while exploring a wide range of musical styles. Emphasis is placed on listening, teamwork, and musical expression, helping students grow as confident and collaborative performers. This class is available for ages 5 - 11. This class has a holiday show performance in December.

Acting 101: Acting 101 introduces students to the fundamentals of performance, including character development, voice and body work, improvisation, and script analysis. Through games, exercises, and scene work, students build confidence, creativity, and a solid foundation in acting technique. This class is available for ages 5 to 9.

TV Media: This class introduces the techniques of acting for television, film, and digital media. Students learn how on-camera acting differs from stage performance by developing natural, authentic performances, improving camera awareness, mastering audition techniques, and building confidence in front of the camera. Through scene work, commercials, scripted material, and exercises, students gain the skills needed to succeed in today's television and media industry. This class is available for ages 5 and up.

Scenes & Monologues: In this class, students will dive into scripted material, developing characters and emotional depth through both scenes and monologues. Emphasis is placed on script analysis, partner work, and storytelling. Students will select, rehearse, and refine both comedic and dramatic monologues, learning techniques for emotional connection, character development, and audition preparation. This class is available for ages 10 and up.

Musical Theater: In this all-in-one performance class, students train in singing, acting, and dancing while working together to bring a musical to life. Emphasis is placed on storytelling, character development, vocal performance, dance technique, and the importance of the ensemble. Students learn that every role—whether leading, supporting, or ensemble—is essential to creating a successful production, with collaboration and teamwork serving as the foundation of musical theater. Two fully staged musicals are produced each year (one during the fall semester and one during the spring semester). Students ages 2–11 perform a KIDS version of a musical, approximately 30 minutes in length, while students ages 12 and up perform a Junior version, approximately 60 minutes in length. Unlike traditional audition-only productions, enrollment in this class guarantees every student the opportunity to be cast and participate in the production. The focus of the class is on developing well-rounded performers and providing every student with meaningful stage experience, rather than enrolling solely to pursue a specific role.

Thespians: Designed for students ages 12 and up who are passionate about theater, this class provides advanced training in acting, performance, and theatrical production while preparing students for participation in the International Thespian Society. Students develop audition techniques, monologues, scene work, improvisation, theater history, and technical theater knowledge. Opportunities may include participation in Thespian events, and competition. Students can prepare pieces to compete with their assigned school if they have a registered troupe or compete with BKS's troupe if their school is not registered. This class is ideal for students looking to deepen their theatrical training, build confidence, and prepare for future educational and professional performing arts opportunities.